

Disclaimer

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Embryo transfer

Please arrive a quarter of an hour before your appointment with a full bladder. Please drink 1L of water 1 hour before the trial embryo transfer and the embryo transfer at Sunnybank. The bladder should not be uncomfortably full so that you cannot lie still, but you should not have emptied it immediately prior to the embryo transfer.

Please bring some music, on CD or tape that you would like to listen to during the transfer. Your partner is welcome to stay during the transfer. It is a very special day!

The scientist and Dr Boothroyd will discuss the stage of development of your embryo/s. During your embryo transfer, a vaginal speculum will be inserted into your vagina (the same instrument that is used to take a Pap smear). The catheter used to enter your uterus is very fine and usually there is minimal discomfort associated with the procedure. Your embryos are put into a second catheter by the scientist once the first catheter has been placed satisfactorily in your uterus.

Following your embryo transfer normal activities can be resumed. You will need some form of "luteal support". This is hormonal therapy to ensure that the lining of the womb is maintained in a receptive state for the implantation of the embryo/s. Sometimes "luteal support" is Human Chorionic Gonadotrophin (HCG) given as an injection under the skin every 3 days. This takes at least a week and sometimes as long as 16 days to be removed from your system and will cause a positive pregnancy test. Sometimes (particularly if there is a risk of ovarian hyperstimulation) HCG is not a desirable "luteal support" and Crinone (progesterone gel) will be prescribed. This is a gel used vaginally each day and you will be given a supply of this. It does not affect the pregnancy test.