

Disclaimer

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Frozen Embryo Transfer (Natural Cycle)

[Arranging ultrasound scan](#)

If this is being performed during your natural menstrual cycle, please telephone Dr Boothroyd's secretaries, Jane and Lauren on (07) 3847 9362 on day 1 - 3 of your period. (Day 1 is the day you first have menstrual loss in the morning).

When you telephone to book your ultrasound with Dr Boothroyd for day please inform

Dr Boothroyd's secretaries of the date your menstrual cycle started. Jane or Lauren will ask for this information.

Please inform them that you are planning a FET.

[Using LH Detection Kit](#)

You have been advised to use a Urine LH Detection Kit in order to time your ovulation. There is a surge of LH (luternizing hormone) 24 hours before ovulation occurs. This can be detected on a urine test. Below are the instructions for the use of these kits.

1. Please read and follow instructions for the urine kit you have been supplied.
2. Make sure that you test on the second urine sample of the day and note the result.
3. If there is any change and in particular if the LH line is visible at all please contact Dr Boothroyd's surgery.

You should have your blood tests taken on the day of your LH surge or suspected LH surge phone for the results at 2pm that day. Your urine surge is detected on a Saturday or a Sunday, please have your blood sample taken and phone for the results at 8am on Monday.

[On the day of transfer](#)

Please arrive a quarter of an hour before your appointment with a full bladder. Please drink 1L of water 1 hour before the trial embryo transfer and the embryo transfer at Sunnybank. The bladder should not be uncomfortably full so that you cannot lie still, but you should not have emptied it immediately prior to the embryo transfer.

Please bring some music, on CD or tape that you would like to listen to during the transfer. Your partner is welcome to stay during the transfer. It is a very special day!

The scientist and Dr Boothroyd will discuss the stage of development of your embryo/s. During your embryo transfer, a vaginal speculum will be inserted into your vagina (the same instrument that is used to take a Pap smear). The catheter used to enter your uterus is very fine and usually there is minimal discomfort associated with the procedure. Your embryos are put into a second catheter by the scientist once the first catheter has been placed satisfactorily in your uterus.